



## From the Principal's Desk

Greetings from Vidyodaya.

Hope and pray that this e newsletter finds you all in good health and cheer by God's grace.

"Success comes to those who work hard and stays with those, who don't rest on the laurels of the past."

We at Vidyodaya believe in a joyful experiential learning system wherein, each child is encouraged to participate wholeheartedly. We leave no stone unturned to offer multitudes of opportunities to our children, it is for them to make the most of it. Children are motivated to grab every opportunity that comes their way which would not only help in their holistic growth but also strengthen their belief in teamwork, which is important in this fast-paced world. Many of our students are involved in a variety of extracurricular activities that give them the opportunity to grow at their own pace in a safe nurturing environment. Our list of club activities and other extracurricular activities are broadened each year with a hope to have something that interests every student.

"To motivate the weak, to address the average and challenge the gifted" is the vision of our school. We believe in empowering our children in such a manner that they act as representatives of a meaningful and value-based society.

The system of education has become so dynamic that it is no longer enough to connect the dots, we need to think out of the box and think beyond a pattern. We have a team of fabulous faculty members who display boundless energy and intense commitment which keeps the ethos of our school shining brightly.

There are only two lasting bequests we can hope to give our children. One of these is roots; the other, wings. One is offered by our loving parents and the other is offered by us.

'Let us keep alive the child's in born sense of wonder, let us arouse their curiosity to discover the mystery of the world we live in!'

I wish and pray that the Vidyodayans will make themselves stronger day by day, adding a new leaf to the grandeur of the school.

**Leena Wesley, Principal.**

## Editorial

From the Editors' Desk

We take great pride in presenting the second edition of our e Newsletter as it features our student's creativity, ingenuity and flair, particularly when students cannot enjoy normal school life owing to unforeseen circumstances.

The magazine also espouses the school's spirit 'Dawn of knowledge' which is built up within the school through the collective actions, thoughts and aspirations, besides highlighting the forays made by the school in various school celebrations, competitions that the students participated in, the awards won by them and the work done by various clubs.

We have considered every challenge as an opportunity and our sincere gratitude to the teachers, parents and students for their passionate involvement and trust. We hope you will enjoy cruising through our learners' rewarding experiences.

## Students' Editorial

The various activities orchestrated by our school this term was a real stimulation of our verve for co-curricular activities that has been deep-rooted in our educational system.

Though we were shut indoors, our school opened many doors for us to attend numerous webinars and connect with the competitive world.

Despite the pandemic, our teachers gave us an insight about the important days every month and also made sure we diligently celebrated them. Every activity was inspiring.

Also, the sessions conducted by the various clubs of our school ventured us to go out of our comfort zone and try a lot of new things. The fun-filled quizzes and games conducted brought a great deal of comprehension, cognizance, knowledge etc. and at the same time, it offered us much merriment, delight and refreshment.

Our heartfelt gratitude for all the tireless effort taken by all our awe-inspiring teachers to keep us captivated in this dullsville lockdown.

## From the Correspondent's Desk



Vidyodaya has marched on regardless of the pandemic and ensured that the academic standards of our students have been maintained uninterrupted.

The untiring efforts of our teachers and the support of the parents has made it possible for our students not only to adapt to the 'new normal' with ease but also excel in many spheres of activity outside of academics.

Most students of standards IX to XII are back on campus and enjoying the new found freedom. It is hoped that the other students will also get back to physical classes.

We look forward to welcoming the students of LKG to standard VIII back to school in November.

Adhering to all SOP and other protocols, we will make the school a safe environment and await the arrival of all the students on campus to make it a memorable experience they have been longing for.

On behalf of the Management and my personal behalf, I would like to thank the parents for their cooperation and understanding during these difficult times. I wish to commend the teachers and staff of Vidyodaya for their commitment to the school.

We hope to start a new chapter of interactive education at Vidyodaya when all our children are back on campus. Soon, this we believe will be the normal hence forth!

With warm regards,

**Nandita Krishnan, Correspondent.**

# CONGRATULATIONS....

## Rank I



**Preetha Pushkarni**

585.04/600

## Rank II



**Ganga R**

582.26/600

## Rank III



**Peeya Surana**

582.01/600

## Group Toppers



**Pavithra N**

Math,Phy,Chem,Csc



**Preetha Pushkarni**

Math,Phy,Chem,Bio



**Elakiya E**

Phy,Chem,Bio,Csc



**Ganga R**

Accts, Comm, Eco, B.M



**Ranitha R**

Accts, Comm, Eco, CA

## Subject Toppers



**Preetha Pushkarni**

English 98 / 100  
Physics 96.67 / 100  
Chemistry 96.96 / 100  
Maths 98 / 100  
Biology 96.96 / 100



**Abinayasree P**

German 98.78 / 100  
B. Maths 98.78 / 100  
Economics 97.89 / 100



**Peeya Surana**

Hindi 97.56 / 100  
Commerce 97.78 / 100



**Ganga R**

French 97.34 / 100  
Accountancy 98.23 / 100



**Jaisree S**  
Tamil  
96.22 / 100



**Pavithra N**  
Computer Science  
96.70 / 100



**Ranitha R**  
Computer Application  
86.24 / 100

# Translate vision into reality

On your mark,  
get set, go!



Prefects elected through online election  
received their badges from senior teachers



# OUR GREEN AMBASSADOR OF CEDX GLOBAL



**SHREYAA VINOD XII A**



My school Vidyodaya Matriculation Academy, Chennai in particular focuses on the all-round development of a student, and never misses an opportunity to provide a conducive and encouraging environment to inspire us to do incredible tasks! It was a dream come true for me when I got a chance to take part in the prestigious global talk show 2021 conducted by the reputed CEDx Global Talk Education Foundation. I was thrilled to know that out of the 15 CEDx speakers selected for the final round, I was one of the 2 students selected to represent Tamil Nadu, from among 221 contestants from 22 countries across the world.

The programme was conducted on the occasion of 'World Environment Day' on June 5th and we CEDx speakers presented our thoughts on the topic 'Appeal to save Mother Earth'. Young changemakers from across the globe spoke on the need to amalgamate ground-breaking approaches to tackle the various environmental issues confronting the world. My presentation centred on how my school Vidyodaya nurtures and inculcates in each of its students a sense of responsibility towards the environment and its contribution towards a cleaner and greener earth!

For the very first time I was not anxious about the results, because I was content with my presentation and happy that I did not give up. It was utterly overwhelming to know that I had won the First place for my presentation on a global platform. My teachers, friends and I were on cloud nine! It's true; best things do happen unexpectedly. That's when I learnt a very important lesson, life is the biggest teacher and the toughest question paper, and doesn't give preparation time for each of the test it gives. So, we should train our mind with resilience.

Shreyaa Vinod - XII A

# OLYMPIAD STAR

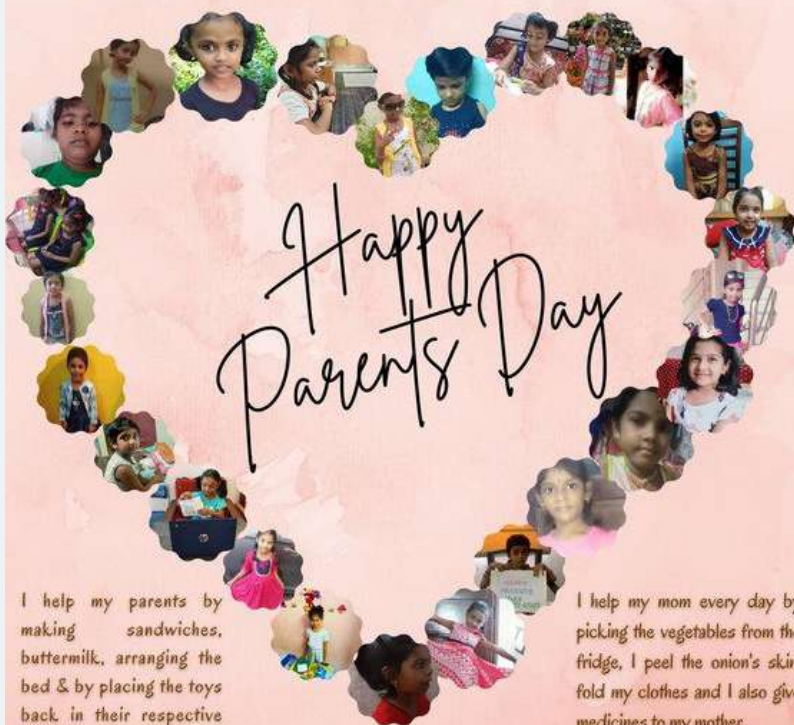
**Sandhya.S V B**

In the Olympiad Exams 2020 - 2021, she has bagged international ranks in the subjects English (#18), Science (#29), and Maths(#52), making our school proud. The marks scored were 37/40 in English, 35/40 in Science, and 35/40 in Maths.



## GLOBAL DAY OF PARENTS (JUNE 1)

On the occasion of Global day of parents children had a chance to express their love for their parents. The virtual platform helped them to continue their learning.



I help my parents by making sandwiches, buttermilk, arranging the bed & by placing the toys back in their respective places.

I help my mom fold the clothes and to keep the cupboard clean. I also help in cleaning the fish tank.

I help my mom every day by picking the vegetables from the fridge, I peel the onion's skin, fold my clothes and I also give medicines to my mother.

My parents taught me discipline and good values. I help my daddy clean the room. I help my mom to fold the clothes. I love my parents very much.

## CELEBRATE THE JOY OF COLOURS

Colour Hunt activity was celebrated on June 30, 2021. Everything around us is an array of colour and it is hard to imagine a life without colours. So, to celebrate the joy of colours, fun-filled activities like riddles, tongue twisters etc. were conducted virtually for children of class 1. Thanks to visual perception, one of the most influential phenomena in people's lives is colours.



I was happy to be a part of the colours day activity. It was a fun-filled one.

ASHVIKA R I B

I loved colours day. It was fun. I drew blue balloons. We all wore our dresses in our favorite colour.

VARSHA I A



## Fruits Day



Students of class 1 celebrated Fruits Day on 28.7.2021. The objective of the activity was to create an awareness among children about the importance of the consumption of fruits in their regular diet. The fruit salad activity was done by the children and they enjoyed the same. Through this activity, students identified the fruits. Such activities go a long way in encouraging the children to eat healthy and nutritious food.



## National Chocolate Day

July 7, 2021

### process of making



### process of spreading



# Vegetables Day



# Shapes Day



# World Pulses Day

World Pulses Day, February 10, is a designated global event to recognize and emphasize the importance of pulses and legumes as a global food. Children of 2nd std celebrated July month activity under the theme "Pulses" for a healthy diet on July 7th, 2021. Children got an opportunity to raise awareness and recognize the contribution of pulses to sustainable food systems and healthy diets.



# WORLD NATURE CONSERVATION DAY

World Nature Conservation Day was celebrated virtually on 28th July. The significance of celebrating this day was to conserve plants and animals that are becoming extinct from our environment. Children of class 2 created an awareness and showed their concern in protecting our nature by dint of their art work.



## A BUDDING NEW AUTHOR

Kari Sahiti Reddy of VII - C was selected to be a co-author of Scholastic's Inky Blue.

It was a ten-day workshop. To join it, I had to pass a test and was overjoyed when I was selected. My mentor, for 17 other kids too, gave us an introduction to writing a book and told us that we would be writing a short story at the end of the workshop. The final step would be getting the short stories published as a book. In the next few days, we learned to write an author profile, an essential part of writing any story. Once we finished our author profiles, we moved on to writing story. My mentor gave her valuable feedback regarding the story.

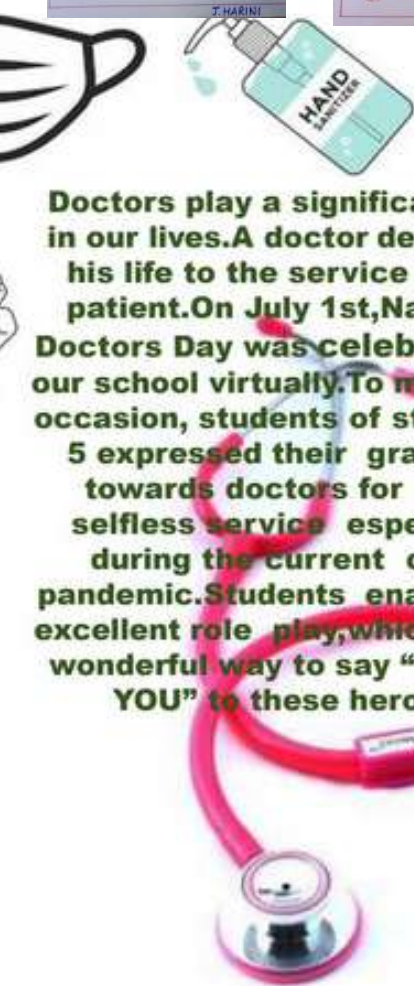
I gathered different perspectives from my co-writers on the last day of the workshop regarding short stories. We sent our stories to get edited and published. After a few months, I received a copy of my own. I felt ecstatic to see it. The workshop was a whole new experience for me. It improved my writing skills and presentation skills tremendously. It allowed me to meet people who have similar interest as me. I thoroughly enjoyed the experience.



## Happy Friendship Day

Friends are our chosen family who stay with us through good and bad times. It is a bond to cherish throughout life. Children of class 2 celebrated Friendship day by presenting virtually the wonderful greeting cards made by them to their dear friends and showed their love and affection.





## Doctors day celebration

Doctors play a significant role in our lives. A doctor dedicates his life to the service of the patient. On July 1st, National Doctors Day was celebrated in our school virtually. To mark the occasion, students of std 3, 4 & 5 expressed their gratitude towards doctors for their selfless service especially during the current covid pandemic. Students enacted an excellent role play, which was a wonderful way to say "THANK YOU" to these heroes.



# NATIONAL DOCTORS' DAY REPORT

July 1st was observed as National Doctors' Day. A video was played for the children of class 6 to 9 to know the significance of the day. The video gave an insight on the accomplishments of Dr. Bidhan Chandra Roy whose birth and death anniversary is celebrated as National Doctors' Day.



The video about the National Doctors' Day was very informative and inspiring. All

The video on doctors' day was very educative and thought provoking. I was inspired by Dr. B.C. Roy, who was awarded the Bharat Ratna in the year 1961, for his services to healthcare and in the field of medicine in our country. This video inspired me to help and serve our society in my own way.

**Aashika nambiar S 7C**

The world right now is struggling to survive a pandemic, there is probably no better time to remember all the doctors. The video gave me an insight on the importance of the day and the fact that it is celebrated to recognise the contribution of physicians to individual lives and communities. As Dr. B.C. Roy kept trying and didn't give up on his dreams, we should also never give up on our dreams and keep trying until we succeed.

**Tejasi 8B**

these years I have been dreaming of becoming a doctor one day. This video has added more determination to my aspiration, on seeing this video and understanding the selfless service rendered by the doctors all through the world is wonderful, I have made up my mind to become a doctor one day with the support and guidance of my parents and teachers.

**Keerthana.M 7B**

After viewing the short video, I was extremely inspired to become a Doctor like Dr. B.C. Roy and serve the nation in all medical challenging situation.

**Sneha R 8A**

The video reminded me that hard work never fails and gave me courage to take up challenges. This video helped me to realise that the obstacles faced are milestones to be successful in one's life.

**Roshini S 7A**

The video about the National Doctors' Day was very informative and inspiring. All these years I have been dreaming of becoming a doctor one day. This video has added more determination to my aspiration, on seeing this video and understanding the selfless service rendered by the doctors all through the world is wonderful, I have made up my mind to become a doctor one day with the support and guidance of my parents and teachers.

**Keerthana.M 7B**



Doctors' day is dedicated to the real heroes saving lives especially during this pandemic. It is celebrated in many countries where patients and citizens show their gratitude to doctors. Doctors' day in India is celebrated on July 1st honouring Dr. Bidhan Chandra Roy who had contributed to medical studies. He received the Bharat Ratna award - one of the highest honours of our nation, on February 4th 1961. We salute to all the hard-working doctors for their profound service to our nation.

**Mrinalini Suresh 9 B**

**HAPPY DOCTORS' DAY**

This video helped me to respect the real heroes, 'Doctors'. I have made up my mind to study really hard, become a doctor and serve people.

**Anushree M 6A**

Medicine is one of the most respected professions in the world. Saving lives and nursing people back to health is a job that has a strong sense of morality attached to it and provides professionals with immense satisfaction. Their joy, passion and desire to serve others inspires me.

**Lakshana V.R 6C**

Doctors bring a ray of hope and it is inspiring.

**Sanjana Sri J.L 6B**

By watching the video I understood why doctors' day is celebrated. Since the time the COVID pandemic hit the world doctors have been working nonstop to save people. There was a time when the doctors and the people working in the hospitals did not even have sufficient personal protective equipment, yet they didn't move away from their obligations and continued their duty for the larger good of the society. It is nice to bang pots and pans and clap for them from the confines of the home as sign of appreciation; we also need to remember that they are human beings just like everyone else. They work 24/7 tirelessly for us. So let's thank them and respect them not only on July 1st but everyday. Hope next year brings an end to this pandemic and the beginning of a normal way of life.

Happy Doctors' Day!!

**Haritha.S.N 9 A**



"I salute our brave doctors who have been leading the battle against COVID-19 at the forefront. My grandfather is also a doctor. His name is Dr. Jayapal. He is serving the needy free of cost. I too want to be a doctor and serve the needy people."

"I'm here to speak about the doctors who treat respiratory problems. They are known as Pulmonologists. We refer to these doctors when we have problems in breathing. During this pandemic, these doctors have been helping COVID patients. We should also help them in turn by staying safe at home."

"When I spoke about national doctors' day I felt very happy and enjoyed when I spoke about the service done by the doctors."

"National Doctors' Day is celebrated on the occasion of the birth anniversary of Dr. Bidhan Chandra Ray. I take this opportunity to salute all the doctors for their tireless service."

*Many thanks for your altruistic deeds!*

## International Plastic Bag Free Day

International Plastic Bag Free Day was celebrated on 2 - 7 - 2021 virtually. Students were made to understand the disadvantages of using plastic, and were encouraged to make paper bags and practice using them regularly.

The students' enthusiasm in making paper bags is depicted below:

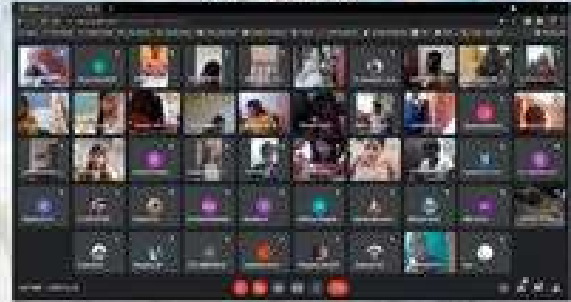
Class 5A & B



I enjoyed doing this work. It was very exciting as to find the message to avoid plastic bags and use paper bags. Whenever I see this, I would definitely make more of these bags and put it in better use.

Sudhakar S

Class 5C & D



I was very excited to do the paper bag with the things that were available at home. It was very useful and also eco-friendly. Many thanks to my school for the opportunity.

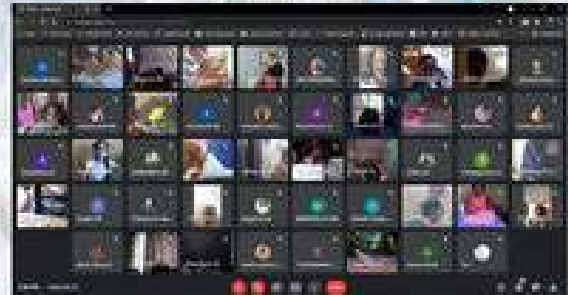
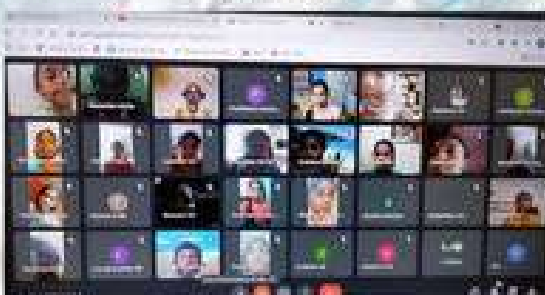
Sneha S M



Class 4A & B



Class 4C & D



It was very easy to make and simple to use. I like it because it is eco-friendly, light-weight and pollution free. I was very happy and delighted to make the bag by myself.

- Navya Shankar

I thoroughly enjoyed making the paper bag. It was an amazing experience. I had so much fun while doing this activity. I understood the disadvantages of using plastic bags and the advantages of using paper bag instead.

Shreya Kumar  
Navya M D



As I am not good at paper folding and cutting, I never tried to make anything. I practiced well for this activity and enjoyed making this paper bag. 'Wow' I made a beautiful paper bag. I am very happy that I learnt something new.

-Kavya Sri Aravind K.

I made a cute little paper bag using materials like paper, glue, scissor and decorative items. It is very useful and handy to carry my things. I liked it very much.

-Varsha M



## International Plastic Bag Free Day

JULY 2, 2021



SAY NO  
to  
PLASTIC



International Plastic Bag Free Day, celebrated on July 2nd, is an initiative that aims to eliminate the use of plastic bags.



# INTERNATIONAL TIGER DAY

International Tigers Day is celebrated every year on 29th of July. In Vidyodaya we celebrated Tigers day by making face masks of tigers. I enjoyed making the mask. My teacher gave a small gist on how tigers are getting extinct. This awareness programme was enriching.

Mahima. S 4D

Reya Senthil Kumar  
3D



Shivani. S 4D



Navya Shankar 4B



Deepthika.M.S 5B



Aayushi. E 4A



Dhanishka Sree 3B



Irfithaf Faiz 3A



Rupika. G 5C



Harshitha. U 5A



M. Varshana 3C



Haashini. P 5D



Amruthasree. M 4C



"International Forgiveness Day" is observed on the first Sunday of August every year. It's a day to set differences and conflicts aside and work on forgiving. This writing activity for classes 6 to 9 was conducted to encourage the spirit of forgiveness. Students were encouraged to pen down their views and experiences.

## INTERNATIONAL FORGIVENESS DAY

Dear Mother,  
I am writing this letter wishing you forgiveness for my actions. I know I have disappointed you and I am sorry. I promise to be a better person.

Dear Brother Praveen,  
Yesterday was one bad day when I shouted at you for touching my things without asking my permission, and I know I was wrong. I realized that I made you sad. I am sorry.

Dear God,  
I have made plenty of mistakes. I have shown disrespect to my father and another. I am praying seeking forgiveness.

"Release the prisoner within... FORGIVE!"

forgiveness

Dear mom,  
Forgiveness makes me a better person.

DEAR MOM,  
I want to say sorry for my behaviour last night. I know I was wrong when I raised my voice. I apologise for this and promise I won't repeat this.

Dear dad,  
I take this opportunity to seek your forgiveness. Sorry Dad. You are the best.

Dear sister,  
You are the best gift sent to me by God. I take this chance to say sorry.

It takes a strong person to say that they're "SORRY". If you are the forgiver, their actions won't destroy your heart. Forgiveness is accepting the reality of what happened and seeking forgiveness for self and the other. I love this moral.

Dear friend,  
I hesitated to share the books that you had asked me. My heartfelt apology for my behaviour. I will make a copy of it and let us enjoy reading together soon.

We can't go to the past and change the mistakes but mistakes can be rectified by forgiveness.

Dear brother,  
I learnt this beautiful quality from you. Seeking forgiveness brings peace and happiness. It makes everything solvable.

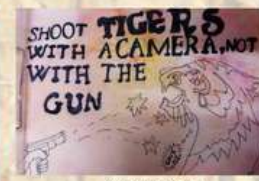
FORGIVENESS

# International Tiger day!

International Tiger Day was observed in VMA on 29th July to understand the importance of tigers in our ecosystem and the need for their conservation. To raise awareness about this magnificent but endangered big cat, students of class 6 to 9 made placards and posters.



TIGER  
T - Terrible  
I - Intelligent  
G - Great  
E - Endangered  
R - Rare



### Class 3

Class 1

forgiveness  
 does  
 not  
 change  
 the  
 past  
 but  
 it  
 does  
 the  
 enlarge

future.

	<p>Riding my bicycle refreshes my mind and body.</p>	
<p>RAKSHITHA T III A</p>	<p>My bicycle is pink in colour with a basket in front where I keep my favourite teddy.</p>	
	<p>I was very scared when I fell down from my bicycle but I did not give up.</p>	<p>SADHANA SRI K III B</p>
<p>SUBATHRA B III C</p>	<p>I was very excited when I saw my new pink and white bicycle.</p>	
	<p>Riding my bicycle gives me great joy and a feel of flying in the sky.</p>	<p>YAZHINI SREE III D</p>
		

HELEN JOSHNA  
V D

Riding a bicycle is one of my biggest dreams.

SHRI SWETHA K  
VI A

Though I was scared to ride my bicycle for the first time, I'm now flying on it.

NISHITHA N  
VI B

Riding a bicycle for the very first time was a fun experience with little wounds.

ASVITHA K  
VI C

My first cycling experience was in Malaysia. To avoid getting hurt, my dad used to run behind me.

PRAHALYA CHS  
VII A

My first cycling experience was amazing and thrilling. I owe my thanks to my friend who taught me cycling.

A. Eiffel Tower

B. Leaning Tower of Pisa

C. Big Ben

D. Rainbow Bridge

E. Burj Khalifa

F. Guggenheim Museum

G. Leaning Tower of Pisa

H. Leaning Tower of Pisa

I. Burj Khalifa

J. Leaning Tower of Pisa

K. Burj Khalifa

L. Burj Khalifa

ANNINA KURIEN  
IX B

# National Sports Day

National Sports Day was celebrated on 29th August to commemorate the 116th birth anniversary of Major Dhyan Chand, an Olympic Gold Medalist. The students were asked to draw and write about their favourite sports



My favourite sports is cricket. I like to watch cricket on TV with my father and grandfather. I know about boundaries, sixes, catches, run outs, wickets etc. My favourite cricketer is Virat Kohli. I like his batting. I am waiting to watch IPL on September.

Subathra. B  
III C

My favourite game is Kho-kho. It is an old, Indian outdoor sport played between two teams of 12. A kho-kho match consists of two innings: running and chasing, with each inning lasting 9 minutes. The chasing team sits 8 in a row with adjacent players facing opposite sides, trying to catch the runners. This game develops team spirit, leadership skills and mental ability.

Hanshika.D.S IV B

My Favourite game is Kho-kho. It is an old, Indian outdoor sports played between two teams of 12 players. A kho-kho match has two innings: running and chasing, with each innings lasting for 9 minutes. The chasing team sits in a row with adjacent players facing opposite sides, trying to catch the runners. This game develops team spirit, leadership and mental ability.

- 9A

Education and sports play crucial role in shaping a child's future. Playing strengthens both brain and body. I have been learning tennis for the past six years. My passion and respect for the sport has grown over the years. It is an amazing opportunity to learn tennis in my school campus, and I will give my best to ace the sport.

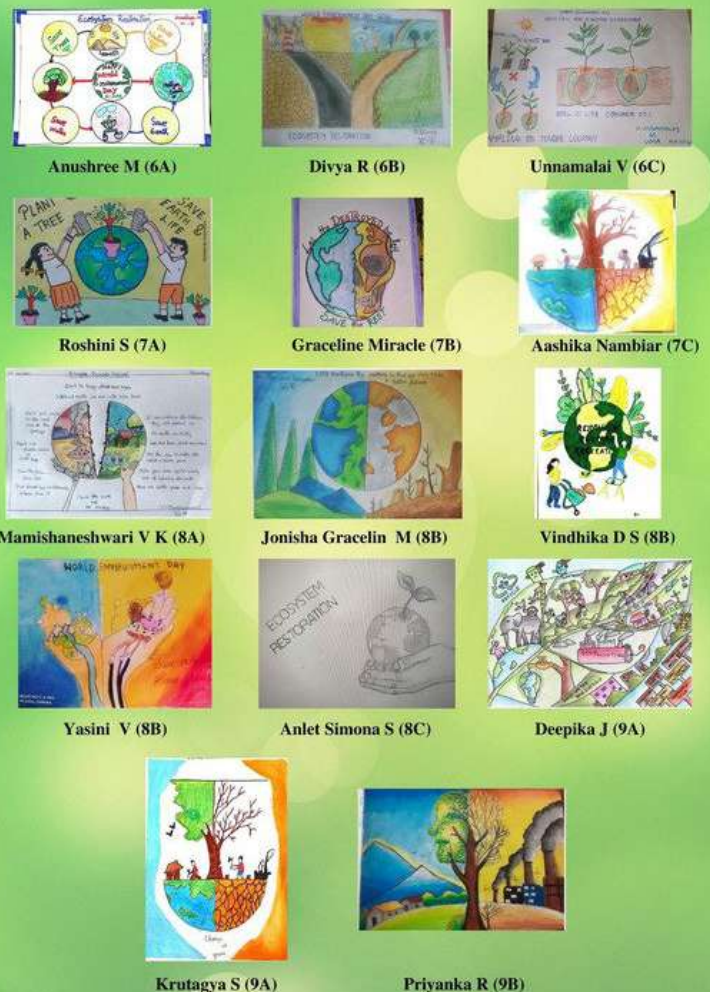
Mrinalini Suresh - 9B

# World Environment Day

World Environment Day was celebrated in classes III, IV and V on 05-06-2021. A virtual nature walk was conducted. It was a delectation to see the home gardens developed by little hands, during this lockdown period. A glimpse of the hands that spread greenery.



WORLD ENVIRONMENT DAY IN VIDYODAYA WAS CELEBRATED ON THE 17TH OF JUNE, 2021. THE THEME FOR THIS YEAR WAS "ECOSYSTEM RESTORATION". STUDENTS OF STD VI TO IX ENTHUSIASTICALLY CREATED POSTERS ON THE TOPIC "REIMAGINE, RESTORE AND RE-CREATE".



# National Handloom Day

August 7, 2021

National Handloom Day was celebrated on August 7. The students understood the beauty of our rich weaves and also celebrate the invisible hands that weave our warp and weft.



Class 3A B



Class 3C, D



Class 4A B



Class 4C, D



Class 5A B



Class 5C, D



class 6



class 8



class 7



I had so much fun doing this activity and learning more about the handloom of our country. I'm thankful to my school for instilling creativity and creating awareness of the tradition of our country.

Smriti (6C)

I pledged to myself that I would try to wear Indian clothes sold by cooperative societies all over India to encourage our weavers.

Lakshanaa R (6C)

This activity sparked the knowledge on handloom. It helped me to improve my creativity. It also helped me to become a young designer. My dolls look gorgeous with my way of styling!

Mahalakshmi R (7A)

I have a passion for art and wanting to become a fashion designer. The activity of designing a dress helped me to express the unique side of my creativity and also to develop my eye-hand coordination and concentration.

Kyathi Sanjana (8A)

Weaving is a fun and inexpensive activity that helped me to develop my motor skills. It also taught me about recycling and reusing materials. It is a fantastic wet weather activity that is cheap and easy to set up.

Mrinalini Suresh (9B)

class 9



# World Biofuel Day

World Biofuel day was observed on 10/08/2021 to create awareness about biofuel. Children were asked to create PPT on the topic ' Bio fuel and energy conservation'.

[illegible]

## World Biofuel Day

**World Biofuel day was observed on 10/08/2021 to create awareness about biofuel. the children made posters on biofuel and energy conservation**

[illegible]

International Yoga Day

21.06.2021

[illegible]



 First Aid for Injuries	
1. <b>Bleeding</b>	1. <b>Wash your hands</b>
2. <b>Wash the wound with</b>	2. <b>Apply pressure</b>
3. <b>Use a clean cloth</b>	3. <b>Remove the cloth</b>
4. <b>Apply a bandage</b>	4. <b>Put on a bandage</b>
5. <b>Wash the wound</b>	5. <b>Wash the wound with</b>
6. <b>Wash the wound</b>	6. <b>Wash the wound</b>
7. <b>Wash the wound</b>	7. <b>Wash the wound</b>
8. <b>Wash the wound</b>	8. <b>Wash the wound</b>
9. <b>Wash the wound</b>	9. <b>Wash the wound</b>
10. <b>Wash the wound</b>	10. <b>Wash the wound</b>



Four adhesive bandages of different sizes and shapes are shown. There are two long, narrow ones, one medium-sized one, and one wide, rectangular one. They are all light brown with a textured surface.

A portrait of a young girl with dark hair pulled back, wearing a bindi on her forehead. She is looking directly at the camera with a neutral expression. The background is a plain, light-colored wall.

**TRAVEL FIRST AID KIT:** Should contain plaster, bandages, Small scissors, antiseptic cream, paracetamol.



YUDHISHKA D 6A

**HEAD OR NECK INJURY:** Lay them down keep them still and calm . Call 911



MAMISHANESHWARI V K 8A



ELAMPIRAI SHAKTHI V 8 B



**SUMAIYA BANU M S 6B**  
**FIRST-AID FOR MINOR INJURY:**  
Clean the wound with dettol and apply antiseptic cream.



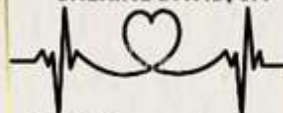
FAREEQAH S 7 B



AKSHAYA S 7C



SHERINE DAVID, 9A



First aid : CPR  
Cardio Pulmonary Resuscitation is a treatment given for patients who are unresponsive and have no pulse.



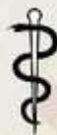
**FIRST AID: CHOKING**  
**HARITHA S N, 9A**

Choking occurs when an object lodges in the throat or windpipe, blocking the flow of air. If the person is choking and can't talk, back blows, abdominal thrusts, and chest thrusts should be performed with a "five-and-five" approach while delivering the first aid.



ASVITHA K 6C

After the first-aid day activity I was able to realize the importance and usage of the first-aid kit . Knowledge about first-aid helps us to save the life of the needy people on time .



# World Music Day

24.06.2021



Music is a universal language that has no boundaries and barriers. World Music Day was virtually celebrated in class 2 with great zeal. This platform paved way to strengthen the level of confidence of children.



Tweet Tweet Little Birdie  
Tweet tweet Little Birdie  
Are going to fly  
The baby bird hatch  
So she also flies



Fly fly fly - looking at the nature  
Fly fly fly - fly up in the sky  
Fly fly fly - eat fresh fruits and insects  
Fly fly fly - Careful with the big bird  
Fly fly fly - go back to the nest



Tweet tweet Little Birdie  
Go back to rest

## My experience:

I saw a nest on the tree next to my balcony. The bird was making sounds like "tweet tweet". So for the International Music Festival , I wrote and sang this song.

Written and Composed by

Anvika . S

IID

World Ozone Day was observed on 16/09/2021 to spread awareness among students about the depletion of the ozone layer and search for possible solutions to preserve it. Videos about ozone depletion were played during the online class. Students were asked to draw posters and write slogans to create awareness.

### Std III



Shagarika Shree  
III D

Karthicka Y V  
III B



Kenisha J  
IV C



### Std IV



### Std V



Lakshita L  
V D

Balananthini E  
IV A



Keerthana B  
V C



Kavya V  
V D



Dasvini M  
V D



Irthifa E  
III A

Shriya R  
IV B



Yazhini  
Sangamitra  
IV D



World ozone day is observed on September 16th every year. Ozone saves our Earth from Sun's harmful UV rays to spread awareness about ozone depletion. Earth without ozone is like our house without roof.



Yuvadharshini R  
VI A



Dishidashri B  
VII C



Kirthika M  
VI B



I will ask my parents to do regular inspection and maintenance of our AC to reduce pollution and the ozone layer heal.



Nandhini V  
VIII B

I will car pool with my friends to commute to school.

Nitika N M  
VII C



I will insist my family and friends to discard equipment made before 2010 which uses CFC and purchase newer Earth friendly models.

Iishwarya Lakshmi G  
VII B



I will avoid using the cleaning products that are harmful to both us and the environment, instead I will use eco-friendly cleaning products.

Kanmani Amaran  
VII A

#### Ozone day

As a little girl I will help in healing the ozone layer by using :-

Air conditioner and refrigerators that do not use HCFCs.

Minimizing the use of cars.

Do not use cleaning products that are harmful to the environment and to us.

Buy local products.



Poorvika S  
VIII C



Divyadarshini M G  
VI C



I will try to reduce the usage of AC in my house and take proper care and maintenance of AC in my house.

Sivadharani  
VIII A

## Greens Day

Greens Day was celebrated on 22.09.2021 by the children of class 1. Green leafy vegetables are a blessing for a safe and healthier life. They are considered an essential part of the diet to meet the daily nutrient requirements. Children spoke about their favourite green leafy vegetable and how they like to eat them. This activity gave some distinct ideas to the children who dislike incorporating greens interestingly as part of their diet.



Tulasi leaves boost immunity, purifies the blood, cures insect bites, maintains blood sugar levels, and improves digestion.

- Krithiksha 1C



I love to eat palak. Greens are good for health, increases our immunity level, has vitamin C and minerals. Eat greens every day.

- Varsha S 1A

Drumstick leaves are also called Moringa oleifera. The leaves are oval in shape. I like to eat this greens in the form of soup. It is very tasty and healthy, rich in vitamins and minerals, good for skin, hair, bones, stomach, and liver.

- Varunika 1B



Nothing teaches  
you life better  
than  
travelling.

## TOURISM DAY

There is a whole  
world out  
there waiting

It's better to see  
Something once  
than to hear  
about it a hundred  
times

Kanyakumari  
Vivekananda Rock

Yazhini A H  
II B

Sathanur  
Dam

Harshitha V H  
II D

East Coast Road  
Mahabalipuram  
Children's Park

On World tourism day, I got  
an opportunity to share my  
enjoyable experience that I had  
before two years when I visited  
Sathanur dam. I also got a  
chance to see the photos of the  
tourist places visited by my  
friends.

Besant Nagar Beach  
Church  
Ashtalakshmi Temple

Janavarshini S  
II B

Mahabalipuram

Shweta talked about  
how she enjoyed her  
visit to Mahabalipuram,  
a famous tourist spot.

World Tourism Day must be open  
for everyone to enjoy. Recently we  
visited Besant Nagar Beach,  
Ashtalakshmi temple and church.  
Beach was wonderful, I enjoyed  
visiting the Church and  
Ashtalakshmi temple there. It was  
a nice place to visit.

United  
States of  
America

Kaushika Jayaprakash  
II C

I started doing this activity like a  
regular craft work. But after  
collecting old photos the memories  
made me so happy and I enjoyed  
preparing this album. Thank you so  
much for giving me this opportunity.

Family Tour



Anvika S  
II D

I had loads of fun when I  
visited many places with my  
family. Every trip of ours  
had a lot of memorable  
incidents which I cherish

## SPECIAL PEOPLE DESERVE A SPECIAL DAY...

Grandparents make the world a little softer, a  
little kinder, and a little warmer...



September 8, 2021 was filled with excitement and cheer as class 1 students anxiously awaited to celebrate Grandparents Day on a virtual platform. Children shared their sweet memories. Our little ones prepared a photo album for their grandparents which was amazing and creative.



I admire them because they  
teach me good moral values.

I go to the park with my  
grandparents.

My Grandmother prepares  
yummy food for me.

I love to hear bed time stories  
from my grandmother.

## MILLETS DAY

Millets Day was celebrated among class 2 children, basically to initiate and bring a change in the food diet of children as this is one of the important aspects to keep our body healthy and uphold the food culture of the future generation.



Suhana - II D

Hrithi Varunika S U

Shweta R - IIC

Jana Varshini S - II B

Kaushika J - IIC

Dhanshikha M A  
II A

Sasvitha - II D

Anvika S - II D

Yuvathi S - IIB

Hanithra - IIC

Finger millet is also known as  
Ragi. It is good for health. It is  
rich in Protein, fibre, minerals  
and particularly calcium.  
Hanithra - 2C

I thank my teachers for  
giving us this wonderful  
opportunity. I learnt a lot  
about different kinds of  
millets and also about the  
benefits of the  
millets.  
G. Mahalakshmi 2D

Pearl millet (Kambu) is very  
good for our hair, skin and  
nails. Since it has high fibre  
content it is good for our heart  
and bones. It is beneficial for  
our health if we include Pearl  
millet (Kambu) in our daily  
diet.  
K. Yakshini Sai - 2 A

I was excited to know about the millets that  
we use everyday. I have learnt about the  
benefits of millets and the recipes too. I loved  
this activity because I was able to learn about  
our traditional food and it's benefits.  
Kaushika Jayaprakash 2C

Benefits of millet - Corn  
\* It helps in promoting growth.  
\* It helps in protecting heart.  
\* It helps in preventing cancer.  
Abinayasi S. 2A

Little Millet contains high proteins and  
minerals. Every morning, I have the habit of  
drinking Ragi porridge and home made  
multigrain porridge. I like little millet  
porridge very much. It is not only tasty but  
also very good for health.  
Dhanushree A - 2C



Shashwathi R  
IIB

Yakshini sai K  
IIA

Amy susan  
II C

Mahalakshmi G  
IIC

Dhanushree A  
IIC

Shashwathi R  
IIB

Abinayasi S  
IIA

Hanithra - IIC

Shashwathi R  
IIB

Yakshini sai K  
IIA

Amy susan  
II C

Mahalakshmi G  
IIC

Dhanushree A  
IIC

Shashwathi R  
IIB

Abinayasi S  
IIA

Hanithra - IIC

Shashwathi R  
IIB

Yakshini sai K  
IIA

Amy susan  
II C

Mahalakshmi G  
IIC

Dhanushree A  
IIC

Shashwathi R  
IIB

Abinayasi S  
IIA

Hanithra - IIC

Shashwathi R  
IIB

Yakshini sai K  
IIA

Amy susan  
II C

Mahalakshmi G  
IIC

Dhanushree A  
IIC

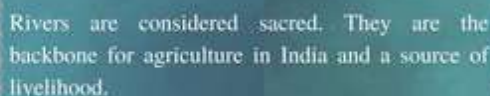
Shashwathi R  
IIB

Abinayasi S  
IIA

Hanithra - IIC



- Rakshitha K



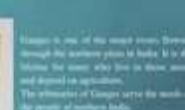
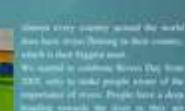
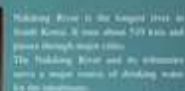
Anushashree T

Rivers are a significant source of water. They provide us with fresh drinking water. They provide habitat and food for many of the earth's organisms.

- Nehashree F



## CLASS 7 & 8



## CLASS 9



IX A



# The enthralling clubs of VMA

## VMA CLUBS

On: 16 June 2021

By: Mr. Rajkumar Durairaj

Mr. Shankar V Subramaniam

Focal point: Read to be trendsetters & trailblazers



THE LITERARY HUB

On: 26 June 2021

By: Ms. Irene Priscilla J

Focal point: Be the change you want to see  
Quiz: CONNEXIONS



On: 26 June 2021

By: Ms. Sridevi Srinath

Focal point: Have a positive outlook on life

Video: Personality traits



PERSONA CLUB

THE SOCIAL CIRCLE

On: 16 June 2021

By: Ms. Sheela

Focal point: Save nature

Video: Award winning CEO speech



On: 18 June 2021

By: Ms. Nirmala Sankaran

Focal point: Importance of Mathematics & interdisciplinary learning

Demo: Benefits of Brain Gym



MATH WARRIORS

தளிர்களின் தமிழ்

On: 10 July 2021

By: Ms. C R Manjula

Focal point: உள்ளத்தாய்மையையும் தமிழ் கற்றலின் பயனையும் நயம்பட விளக்கினார்



On: 18 June 2021

By: Mr. T Paraturaman

Focal point: Determination, Dedication, Discipline

Video: Motivational Sports video



SPORTS LOVERS CLUB

THE ARTS CLUB

On: 26 June 2021

By: Ms. Jessica Angelyn

Focal point: Exhibit the innate talents  
Video: Talents



Clubs are the instruments through which one can find their latent talents

### Persona

The guest speaker introduced the concept of Emotional Intelligence in an interactive method, initiating a brainstorming session. She gave beautiful insights about how emotions are the survival instinct of human beings and how it helps us handle different situations.



### Art Club



The activity focused for this month was about Fine Arts and Performing Arts. Few children performed Bharatanatyam based on a particular theme. Students also illustrated different form of fine arts like painting, sculpting, architecture etc.

### VMA Club Activities - September 2021



### Nature Nurturers

Students demonstrated the topic "What happens if honey disappears? They actively participated in the discussion of the topic honey natural sweetener and its medical uses. A student depicted the characteristics of a bee and spoke about the recent uses of honey in neurological medicine to improve memory.



### Math Warriors



The Guest addressed the students with a friendly approach and explained the nuances followed while playing SUDOKO. Instead of playing with numbers it was played with colorful shapes. This made the session more fascinating and exciting.

### The Social Circle

An online quiz was conducted to brainstorm the minds of the students. This was followed by a Fact War among the 3 teams in the club. The students interacted actively and made the activity very enthralling.



### Thalirgalin Thamizh

மனிதனுக்கு உறுதுணையாக இருப்பது உறவே! பணமே! என்னும் தலைப்பில் பட்டிமன்றம் நடத்தப்பட்டது. இறுதியில் நடுவர் அவர்கள் பணம் பத்தும் செய்யும் ஆனால் மன நிம்மதியை அன்பைத் தருவது உறவே! என அருமையாக தீர்ப்பு அளித்தார்.

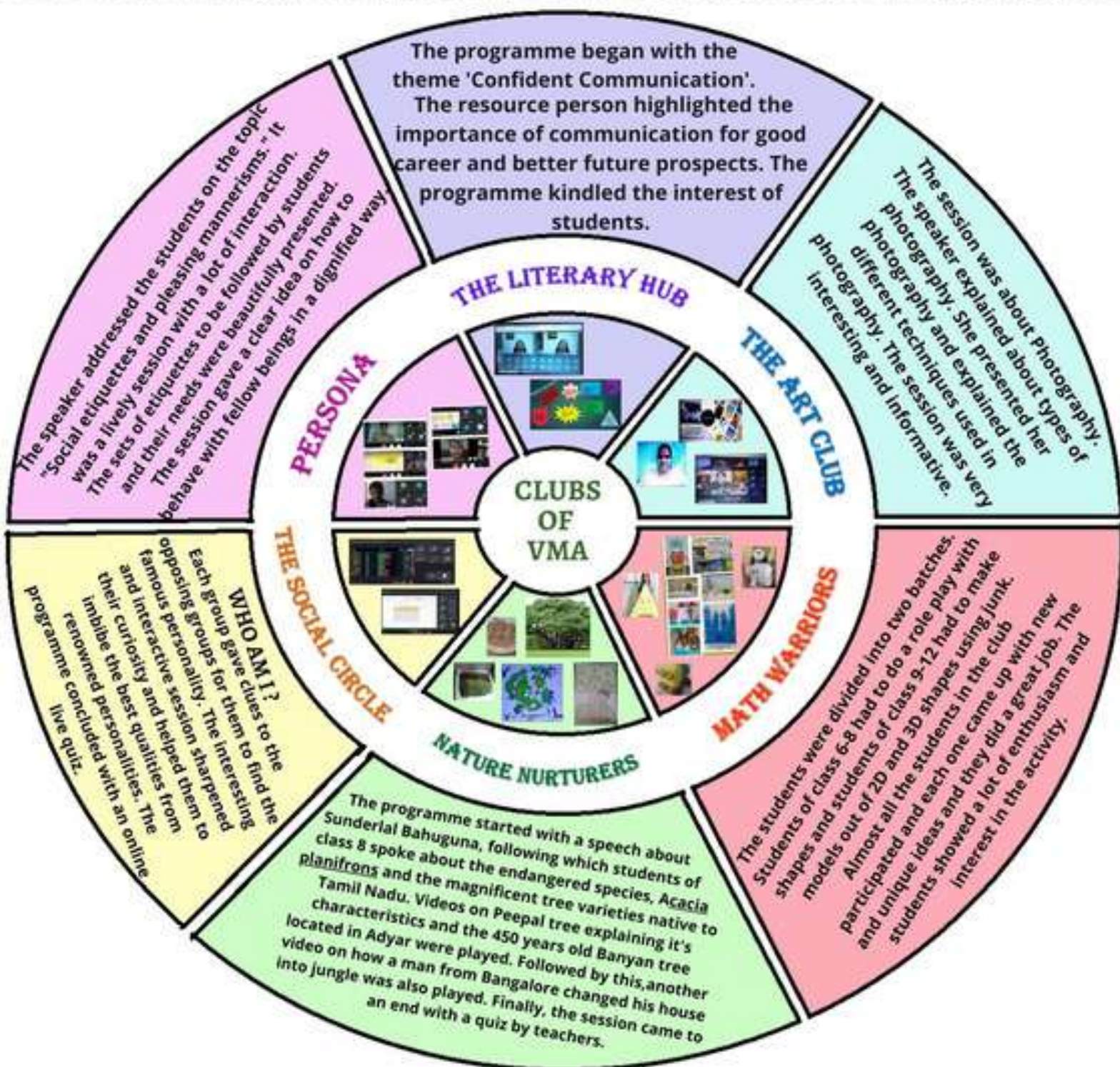
### The Literary Hub

The speaker spoke about the importance of writing stories. Additionally, she registered that she had been writing since a very young age. Different aspects of story writing were discussed during the session. This session sparked the imagination of students and encouraged the budding writers in them to start writing.



# 'THE WHEELS STARTED ROLLING'

## JULY 2021



# Cherished memories of the club activities August 2021



Art Club



Persona



Sport Lovers Club



The Social Circle



The Literary Hub



Nature Nurturers



Math Warriors

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SWITCH ON  
ART MODE

The 11-day workshop brought us closer to the wonderful world of drawing. The Inauguration was followed by our teacher who taught us how to hold a pencil properly. Starting with pencil shading, Mandala art, and watercolours, it progressed to calligraphy, Madhubani painting, dot painting, oil pastels, and pencil colouring. Each day we learned something new and I have never been more drawn to art.

Roshini.S VII - A

We were very excited, to begin with, our very first session of the workshop conducted by the Doon Public School Hathras on June 15, 2021. Each day was a new adventure. Sketching, pencil shading, Mandala art, watercolour with black gel effect, landscape drawing, calligraphy strokes, Madhubani art, dot painting and oil pastel techniques enlightened and motivated us to always hold onto our love for art. The workshop made us realize how important it is to be patient, calculated and positive to achieve the desired outcome while working on an art piece. We got better with each session, practising each day making our wrists flexible enough, to make the artworks look much better.

We put our hearts and souls, even made few mistakes but finally nailed it. The whole session was successful with the constant support and encouragement from the principal ma'am Ms Leena Welsey and art teacher Ms Hilda ma'am.

Anipalli keerthana XII A



## STAFF FELLOWSHIP VIRTUAL MEET

11th JUNE 2021



The staff fellowship meeting brought the teaching fraternity together. School administrators motivated the teachers to bring the energy, passion and determination despite the pandemic. Insights on disciplinary issues by Ms Sridevi Srinath. Student Counsellor was also focused upon.

## KALVI VALARCHI NAAL

15th JULY 2021

Kamarajar's birthday was observed as 'Kalvi valarchi naal', a day to remember and recollect his contribution to education.

Students were motivated by the teachers to imbue the great qualities of Kamarajar and render selfless service to society.



## INDEPENDENCE DAY CELEBRATIONS

75th Independence day was celebrated at Vidyodaya Matriculation Higher Secondary Academy with a tribute to the great souls of the nation.

FLAG HOISTING, LUNCHEON AND SALLITE THE TRICOLOUR



FEELING GRATITUDE AND TOGETHERNESS

MY NATION, MY PRIDE



Independence Day Celebration at Vidyodaya

The program was made available on YouTube with EES 150K.

<https://youtu.be/1L95h1DA>

## TO MOTHER INDIA



Freedom is something money can't buy. It is the result of sacrifice. Ashwin K - 6C

A hard won gift. We must cherish it. Unnambal V - 6C

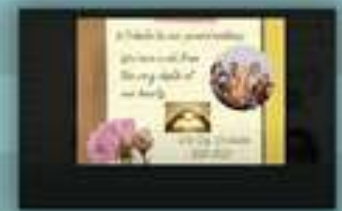


Ms Shashi and Ms. Srinath at the DPPE campus with Ms. Manu Kumar, Commissioner for school education.

# Teachers' Day Celebration

## Rejuvenation for the soul

The correspondent, teaching and non-teaching staff of the Vidyodaya family joined on an online meet to render thanks to the Almighty, followed by teachers reaffirming their vows.



**Teachers' day was celebrated with great pomp.**

A virtual feast was presented by the students of 12. The student representatives paid their love and respect for the teachers

## WEBINAR on Cyber security

A webinar on cyber security was conducted virtually on 18th September 2021. Spokespeople from Tamil Nadu Police Department spared their valuable time for creating cyber awareness among teachers. Ms Letika Saran spoke on the importance of the topic and Ms Lavanya spoke on cyber security.





# WORKSHOP ON CV WRITING AND INTERVIEW SKILLS



DATE: 6TH MAY 2021

The workshop WAS CONDUCTED BY T-GELF in collaboration with FACTSET . It was an wonderful opportunity to be a part of this informative workshop where WE LEARNT HOW TO WRITE A MODERN AND TRADITIONAL RESUME ,AND WE WERE GIVEN TIPS ON HOW TO FACE AN INTERVIEW . TWO EMINENT SPEAKERS HIGHLIGHTED THE PURPOSE OF A CV and the DO'S AND DONT'S OF AN INTERVIEW.

SUJARITHA SRI S  
STD 12 C



The webinar gave an insight on how job placement has become very challenging because the world is filled with COMPETITION AND COMPETITORS . It made us REALISE THAT CV HAS BECOME VERY ESSENTIAL TO SHOWCASE OUR UNIQUE TALENT AND SKILL . THE BEST PART OF THE WEBINAR WAS THAT, WE HAD AN INTERVIEW SESSION BASED ON OUR CV SUBMITTED WITH FACTSET TEAM WHICH BOOSTED OUR CONFIDENCE TO FACE AN INTERVIEW IN THE NEAR FUTURE . THE WEBINAR WAS INFORMATIVE AND INTERESTING.

KASTHURIYA P  
STD 12 C



# INTACH STORYTELLING WORKSHOP

DATE: 6TH AUGUST 2021



The session was exciting from the beginning till the end.I am sure this webinar will be beneficial in improving my drawing and thinking skills

DHANYA  
STD 4D



I learnt a few drawing tips.The organisers narrated a story from the book of "OFF WE GO! TO CHENNAI ". Activities like drawing,rangoli and designing sarees were conducted.I was really happy to be a part of the session.

SIBANI  
STD 5C

It was a great opportunity to know about how people are protecting and restoring ancient monuments,heritage and culture.

TAARASHREE  
STD 5A

# WEBINAR ON EMOTIONAL HEALTH AND WELLBEING OF STUDENTS



DATE: 13TH JUNE,2021

During the pandemic, the emotional health of people has ostensibly worsened and I am thankful to have attended the emotional health seminar hosted by Doon Public School on 13th of June, 2021 to cope with my emotions.

This Webinar taught me how to deal with my emotions in a positive way. It enlightened the importance of practicing Yoga and Meditation, our Indian treasures, in maintaining our emotional wellbeing. The tips given by the Speaker were useful and improved my outlook towards handling stress in a significant way.

SHRILAKSHMI B  
STD 11A

The session was interactive and encouraged me to maintain my spiritual, emotional, mental and physical health. The speaker highlighted the purpose of positive mindset, social acceptance and keeping the body and mind calm by meditation and yoga. The most exciting part in the webinar was 'I can', the self check session that motivated me.

REENA V  
STD 12A



The webinar presented a lot of key takeaways , on how one should have a healthy and a happy mental well-being. It also insisted that the main motto one must possess is 'I can' and must feel worthy of one's cognitive, emotional, and behavioral health. It implied that the spiritual health is vital and it depends on mandatory factors such as our ethics, morals, principles, and optimism. I perceived that to become a stress free person, I need to have a positive mindset.

SAI KEERTHANA P  
STD 12A



The webinar highlighted personal traits like courage, intelligence, bravery and honesty possessed by every individual. It also encouraged me to believe in myself and always have a positive mindset. It also helped me to perceive that when I come across challenges, I must try to break them down and tackle them in smaller pieces instead of running away from them. Beyond everything I inferred that I must control my thoughts and imagination and love myself for who I am to enhance my mental well-being.

SHREYA S  
STD 12B



VARSHA THOMAS  
STD 11B